Seven steps – liczymy do 7.

https://www.youtube.com/watch?v=kz_EQSfFx0g

One, two, three, four, five, six, seven. One, two, three, four, five, six, seven. One, two, three. One, two, three. One, two, three, four, five, six, seven. One, two, three, four, five, six, seven. One, two, three, four, five, six, seven. One, two, three. One, two, three. One, two, three, four, five, six, seven. One, two, three. One, two, three. One, two, three, four, five, six, seven. Now let's go backwards, OK? Seven, six, five, four, three, two, one. Seven, six, five, four, three, two, one. Seven, six, five. Seven, six, five. Seven, six, five, four, three, two, one. Seven, six, five, four, three, two, one. Seven, six, five, four, three, two, one. Seven, six, five. Seven, six, five. Seven, six, five, four, three, two, one. Seven, six, five. Seven, six, five.

Seven, six, five, four, three, two, one.